

## What's happening this week at St Michael & St George's Church and around the area?

### Today

11.00 - 12.30 - Parish Eucharist for the third Sunday in Lent  
There will be Prayer meeting and bible study on today's readings after the service .

### This week

**Monday** 11am —Felix Food with the Community Champions at Our Lady of Fatima, with tree planting ceremony and lunch.

**Tuesday** Bingo - at 7.30pm in the church hall

**Saturday** 11am Fitness run round Wormholt Park, meet at the Flagpole

**Saturday** 2.30-3.15pm Dementia-friendly Healing Service at the Christian Healing Mission in Hammersmith for those who struggle with memory and attention and to help them receive prayer for their own needs. Friends and/or carers are welcome to come too and receive prayer.

### Looking ahead:

**Next Sunday 31st March** - 11.00 - 12.30 - Parish Eucharist for Mothering Sunday, followed by our Lenten Bible study and discussion after the service. Remember that the clocks will go forward next Sunday morning. Please register for the electoral roll by today's deadline.

**The Electoral Roll** is now being completely revised, everyone needs to register again. If you have been worshipping here regularly for six months or more, please fill out a registration form, and give it to Elizabeth Amoah our Electoral Roll officer. **The roll will be closed on 31st March.**

### Who to get in touch with at the Church? Our contact details

#### Vicar:

Rev Ben Humphries Telephone 020 8735 0852  
Mobile 07712 460 680  
Email - ben.humphries@london.anglican.org



**Acting Church Warden:** Boshi Mohlala 07557 290271

**Hall Manager:** Mathew Alfred 07702 935 802 thehallbookings@gmail.com

**Treasurer:** Steve Purcell 020 8840 2310 stevepurcell@btinternet.com

#### Deputy Churchwardens

Eunice Greene: 020 8749 6358  
Veronica Mariqueo: 07463 779 511

#### Church Secretary

- vacant

#### Church Musician

Michael Rossi 07712 229 621



#### Sunday School

Alison McQueen 07534 507 552

#### Safeguarding Officer

Veronica Mariqueo 07463 779 511

#### Children's Champion

Norma Lynch 07932 712 959

#### Men's Fellowship

Boshi Mohlala: 07557 290 271

#### Christian Aid

Ndu Amobi 07909 837 857  
Stephanie Agunpopo 07946 668 409

24th March  
2019



### Today's Collect

Almighty God,  
whose most dear Son went not  
up to joy but first he suffered  
pain,  
and entered not into glory be-  
fore he was crucified:  
mercifully grant that we, walk-  
ing in the way of the cross,  
may find it none other than the  
way of life and peace;  
through Jesus Christ your Son  
our Lord,  
who is alive and reigns with you  
in the unity of the Holy Spirit,  
one God, now and for ever.

### Post Communion Prayer

Merciful Lord,  
grant your people grace to  
withstand the temptations  
of the world, the flesh and  
the devil,  
and with pure hearts and  
minds to follow you, the  
only God;  
through Jesus Christ our  
Lord.

## The White City Rainbow

### The Third Sunday in Lent

#### Today's Bible readings

First Reading - The Book of the Prophet Isaiah 55.v1-9.  
Page 531 at the front of the bible.

Second Reading - The First letter to the Corinthians  
chapter 10.v1-13.  
Page 132 at the back of the bible

#### Gospel Reading The Gospel according to St. Luke Chapter 13: 1—9

### Repent or Perish

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, 'Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them—do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did.'

### The Parable of the Barren Fig Tree

Then Jesus told this parable: 'A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, "See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?" He replied, "Sir, let it alone for one more year, until I dig round it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down."'



**Remember that the clocks will go forward next Sunday morning**



Time to Spring Ahead

**Mothering Sunday—next Sunday 31st March**

Make sure that you tell your family about our service next week.



**A Prayer for you to use this week**

(a daily prayer to say during Lent)



Jesus, you prayed and fasted. As your disciple teach me about spiritual discipline in my relationship with you. Amen

Read more: <https://www.methodist.org.uk/our-faith/worship/lent-and-easter/prayers-for-lent-and-easter/>

**United in the sacraments, word and prayer**



**For those in any kind of need at the moment;**

Loreto and Jack, Comfort Dwomoah, Vita Williams, Mr Johnson, Fedora Stafford, Alice Harris, Bessie Peters, Alexandrina Matthews, Denis Noel, Connie Warren, Julian Greene.

**For those who have recently been in hospital:**

Oluchi Amobi, Gerald Humphries, Linda Strong, John Strong, Stevenson Phillips, Christine Carey, Fred Sackey, Denzil Brown. Ron Brown.



**Blessed are those who have died in the faith of Christ:** John Seesahai

**Anniversary: our names are written in heaven.**

Please let the Fr Ben know if you would like someone to be remembered in our prayer list.



The Christian Healing Mission in Hammer-smith has drop-ins for prayer every Tuesday from 11-12.30 and Thursday 14.15 -15.45. [www.healingmission.org](http://www.healingmission.org)



**Find out more about Christian Aid —with Fr Ben and Ndu**

**Thursday 4th April—at 7pm at St Stephen's church hall**

Mozambique aid appeal, Cyclone Idai Has Left a Trail of Destruction in Mozambique, Malawi and Zimbabwe.



Lent is the forty days before Easter when many Christians prepare themselves through prayer, fasting, and almsgiving for the death and resurrection of Jesus Christ. The forty days commemorate the forty days Jesus spent fasting in the desert where he encountered temptation from the Devil. Lent is a time when Christians reflect and strengthen their relationship with Jesus.

Here is a bible verse to **reflect on this week**

“He must increase, but I must decrease”

**John’s Gospel chapter 3: verse 30**



**Bible studies during Lent** — every Sunday after the service for about 45 minutes.

This is a very good opportunity for beginners to learn more about the bible.

**Next Sunday's readings**



**Mothering Sunday**

1 Samuel 2. : 18,-20, 26  
Colossians 3. 12—17  
John. 19. 25b-27



**Church Open Day**

On Bank Holiday Monday, 6th May we will have an Open Day from 11am—4pm, with refreshments and a table top sale.

**Monday 25th March**

At 11am, at Our Lady of Fatima Community Centre, Fr Richard is arranging an Interfaith tree planting with the Felix Food Community. We are all invited, there will be a light lunch afterwards.

**Today's rota**

Readings Veronica  
Intercessions Fr Ben  
Stewards David & Latrell  
Chalice Marion & Eunice

**Next Sunday's rota**

Readings Sherri  
Intercessions Queen  
Stewards Eliz. A & Veronica  
Chalice Steve & Helen

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White City Church of England - St Michael and St George, London



If you took a CAFOD envelope to donate for the Family Fast day, please can you now return it to Ndu or Stephanie our Christian Aid reps, thank you.

**We are a Fair Trade church, using Fair Trade tea, coffee and communion wine, bought at a fair price from those who produce it.**



**Join us for coffee or tea after the service**

St Michael and St George ten years as a Fair Trade Church