

## What's happening this week at St Michael & St George's Church and around the area?

11.00 - 12.30 - Parish Eucharist for the 2nd Sunday before Lent  
There will be a prayer meeting for reconciliation after the service—see Queen for details

### This week

**Monday** 11am —Felix Food with the Community Champions at Our Lady of Fatima

**Tuesday** Bingo - at 7.30pm in the church hall

**Saturday** 11am Fitness run round Wormholt Park, meet at the Flagpole

### Looking ahead:-

**Next Sunday 3rd March** - 11.00 - 12.30 - Eucharist for the Sunday next before Lent with a meeting of the Church committee (PCC) after the service.

**Wednesday 6th March—Ash Wednesday** 7.30pm Eucharist for the beginning of Lent

**The Electoral Roll** is now being completely revised, everyone needs to register again. If you have been worshipping here regularly for six months or more, please fill out a registration form. **The roll will be closed on 31st March.**

Would you like to join our rotas to read in church, lead the prayers or to be a steward?

Do you know anyone who needs a visit? Please speak to Fr Ben

### Who to get in touch with at the Church? Our contact details

#### Vicar:

Rev Ben Humphries Telephone 020 8735 0852  
Mobile 07712 460 680  
Email - ben.humphries@london.anglican.org



**Church Warden:** Sherri Akilagun can be contacted after the service

**Hall Manager:** Mathew Alfred 07702 935 802 thehallbookings@gmail.com

**Treasurer:** Steve Purcell 020 8840 2310 stevepurcell@btinternet.com

#### Deputy Churchwardens

Eunice Greene: 020 8749 6358

Veronica Mariqueo: 07463 779 511

#### Church Secretary

- vacant

#### Church Musician

Michael Rossi 07712 229 621



#### Sunday School

Alison McQueen 07534 507 552

#### Safeguarding Officer

Veronica Mariqueo 07463 779 511

#### Children's Champion

Norma Lynch 07932 712 959

#### Men's Fellowship

Boshi Mohlala: 07557 290 271

#### Women's Fellowship/Mothers Union

Sherri Akilagun  
Helen Purcell 020 8840 2310

#### Christian Aid

Ndu Amobi 07909 837 857  
Stephanie Agunpopo 07946 668 409

## 24th February 2019

We welcome Fr Andy Rooney to lead our worship today



### Today's Collect

Almighty God,  
you have created the heavens  
and the earth  
and made us in your own image:  
teach us to discern your hand in  
all your works  
and your likeness in all your children;  
through Jesus Christ your Son  
our Lord,  
who with you and the Holy Spirit  
reigns supreme over all things,  
now and for ever

### Post Communion Prayer

God our creator,  
by your gift  
the tree of life was set at the  
heart of the earthly paradise,  
and the bread of life at the heart  
of your Church:  
may we who have been nourished  
at your table on earth  
be transformed by the glory of  
the Saviour's cross  
and enjoy the delights of eternity;  
through Jesus Christ our Lord.

# The White City Rainbow

## 2nd Sunday before Lent

**Today's Bible reading** - Also on our Facebook page

**First Reading** The Book of Genesis  
Chapter 2: verses 4b—9, 15—end  
Pages 1 & 2 at the front of the bible

**Second Reading** The Revelation to St John  
Chapter 4  
Page 195 at the back of the bible

**Gospel Reading** The Gospel according to St. Luke Chapter 8: 22—25

### Jesus Calms a Storm

One day he got into a boat with his disciples, and he said to them, 'Let us go across to the other side of the lake.' So they put out, and while they were sailing he fell asleep.

A gale swept down on the lake, and the boat was filling with water, and they were in danger. They went to him and woke him up, shouting, 'Master, Master, we are perishing!'

And he woke up and rebuked the wind and the raging waves; they ceased, and there was a calm. He said to them, 'Where is your faith?'

They were afraid and amazed, and said to one another, 'Who

then is this, that he commands even the winds and the water, and they obey him?'



## CAFOD

### Lent Family Fast Day will be on Friday 15 March 2019.

On this day, we are invited to have a simple meal, maybe bread and soup, and the money that we might have saved can be donated to charity. It is organised by CAFOD, which is the Roman Catholic Fund for Overseas development, a sister organisation to Christian Aid. Our friends at Our Lady of Fatima will be fasting on 15th March, and we are invited to join in and to support them. Who would like to take part? Please speak with Ndu or Stephanie our Christian Aid reps.



**Why not join our Bible studies during Lent? — beginning on Sunday 10th March after the service for about 45 minutes.**

**This is a very good opportunity for beginners to learn more about the bible.**

### Saint David' day is celebrated on the 1st of March.

Saint David was born around the year 500AD in Pembrokeshire, in South-west Wales.



He became a monk and he founded a number of monasteries. The monks were known for eating and drinking very little – water and bread with salt and herbs, perhaps watercress – while ploughing the fields without oxen and looking after the beehives.

The monks also provided hospitality, food and clothes to pilgrims, other travellers and people living in poverty in the local community.

St David was also a priest and was made bishop of Menevia and later Archbishop of Wales. He went on Missionary journeys to the Holy Land.

In his sermon the Sunday before he died, aged 89, St David said: “Be joyful and keep your faith and your creed. Do the little things that you have heard about and seen me do. I will walk the path that our fathers trod before us.”

St David's body was buried in the grounds of his monastery, where the Cathedral of St David now stands.



### White City Flicks Thursday Film Club—1pm

**14th March:** Cool Runnings  
April—no film club meeting

Film club is usually on the second Thursday of each month

### Join our running group!

Do you fancy getting fit in 2019? Jog with our fitness group on Saturday mornings in Wormholt park—for one or two laps — between 11am and 12 noon in the park.. Meet at the flagpole.



Like and Share us on Facebook

White City Church of England - St Michael and St George, London

### NOTICE



### A Prayer for you to use this week

Following the example of St David, who's feast day is on Friday 1st March.

Heavenly Father, you have given us the example of Saint David, who chose to live a simple life, and helped others whose lives were simple not through choice but circumstances.

I pray that I may consider my choices and live more simply in order to make a big difference to others.  
Show me the way to make small tasks occasions of prayer.

Kindle in me a love for you so that in everything I do, I will keep that spirit of prayer.  
Amen

### A bible passage for you to reflect on this week

#### The Fruit of the Spirit

The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit. Let us not become conceited, competing against one another, envying one another.

### The letter to the Galatians, Chapter 5, verses 22—26

#### Today's rota

Readings	Suzie
Intercessions	Queen
Stewards	Ndu snr & Ndu jnr
Chalice	Marion and Eunice

#### Next Sunday's rota

Readings	Steve
Intercessions	Sherri
Stewards	Latrell & Eliz. A
Chalice	Steve and Helen

**Fair Trade Fortnight is from 25th February—10th March 2019.**

**We are a Fair Trade church, using Fair Trade products**



**Join us for coffee or tea after the service**



St Michael and St George ten years as a Fair Trade Church

### United in the sacraments, word and prayer



**For those in any kind of need at the moment;**

Comfort Dwomoah, Vita Williams, Mr Johnson, Fedora Stafford, Alice Harris, Bessie Peters, Alexandrina Matthews, Denis Noel, Connie Warren, Julian Greene.

**For those who have recently been in hospital:**

Linda Strong, Stevenson Phillips, Christine Carey, Fred Sackey, Denzil Brown.  
Ron Brown.



**Blessed are those who have died in the faith of Christ:**

**Anniversary: our names are written in heaven.**

Please let the Fr Ben know if you would like someone to be remembered in our prayer list.



The Christian Healing Mission in Hammersmith has drop-ins for prayer every Tuesday from 11-12.30 and Thursday 14.15 - 15.45.  
[www.healingmission.org](http://www.healingmission.org)

#### Next Sunday's readings



**The Sunday next before Lent**

Exodus 34: 29 — end  
2 Corinthians 3: 12 — 4.2  
Luke ch 9. v 28—36